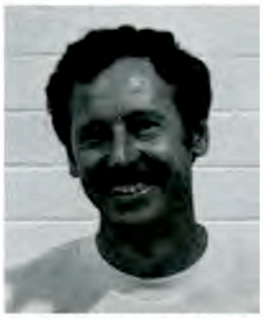
University of San Diego

1986 WOMEN'S VOLLEYBALL

HEAD COACH JOHN MARTIN



Beginning his 12th season at the University of San Diego, John Martin hopes to turn things around from a year ago when the Toreras went 2-25.

Martin has been head coach at USD since the volleyball program's beginning in 1975 and has compiled an overall record of 115-135. Three times Martin has led the Toreras into post-season play, including in 1976 when the team finished fourth at the AIAW Small College Nationals. In 1977 and 1978, USD finished fifth both times at the WAIAW Regionals.

The volleyball program has grown from Division II status to its present NCAA Division I level. The team will again compete in the West Coast Athletic Conference.

John is a graduate of San Diego State University where he earned both a B.A. and Master's degree in History. John lives with his wife Jane, daughter Eliza and son Patrick in Encinitas.

1986 USD VOLLEYBALL PROSPECTUS

To say the 1986 University of San Diego volleyball team is a seasoned club is a bit misleading.

But compared to the 1985 squad, this year's team has experience on its side. The 1986 Toreras have only four newcomers to the program (three freshmen and a junior college transfer) compared to 11 first-year players a year ago.

"We are still lacking experience," said Coach John Martin, "but we're going to be a more versatile team this season. We're looking at this year as a real foundation year for us. We have a good, solid core group to build around."

This year's team is still young, with only two seniors and one junior on the roster. The top returnee is senior outside hitter Gina Trapletti. "She's the team leader in every way," said Martin of his top player. The 5-8 Trapletti led USD in virtually every offensive category last season. She had 201 kills for the season, averaged 2.12 digs per game and earned second-team All-West Coast Athletic Conference honors.

The lone junior for the Toreras will be Kris Mitchell, a 5-10 outside hitter who was second on the team in kills a year ago with 113. USD will also be counting on setters Leisa Hagen and Teresa Myers, both sophomores, who did the majority of the setting for the Toreras in 1985.

Last year was a long one for USD and Coach John Martin, who is entering his 12th season as the USD coach. The Toreras finished the season with a disappointing 2-25 overall record and were 1-11 in the newly-formed WCAC.

One of the team's major weaknesses was a middle blocker, and Martin thinks he has resolved that problem with the addition of two newcomers, freshman Cindy Silldorff from Walnut Creek, CA, and sophomore Gayle Newman, a transfer from Scottsdale Community College. Both are 6-0 middle blockers. Martin added another 6-footer in freshman setter Jocie Finch of San Raphael, CA.

The Toreras will also benefit from the addition of new assistant coach Jack Henn, a former USVBA All-America selection and the head coach of the San Diego State men's team that won the NCAA Division I Championship in 1973.

1986 USD WOMEN'S VOLLEYBALL TEAM

Back Row (L-R)

Ruth Bajo
Gayle Newman
Cindy Silldorff
Jennifer Long
Heidi Bruning
Jocie Finch

Front Row (L-R)

Jody Conners
Erika Gravrock
Teresa Myers
Gina Trapletti
Kris Mitchell
Leisa Hagen

University of San Diego 1986 Volleyball Roster

No.	Name	Pos.	Ht.	Yr.	Exp.	Hometown/Last School Attended
1	Leisa Hagen	S	5-7	SO	1 yr.	El Cajon/Granite Hills HS
2	Jody Conners	OH	5-8	SO	1 yr.	Laguna Niguel/Dana Hills HS
3	Ruth Bajo	OH	5-9	SO	1 yr.	San Diego/Marian HS
6	Teresa Myers	S	5-7	SO	1 yr.	Santa Barbara/Bishop Diego HS
8	Erika Gravrock	OH	5-9	FR	HS	Bellevue, WA/Interlake HS
9	Heidi Bruning	OH	5-11	SO	1 yr.	El Cajon/Christian HS
10	Cindy Silldorff	MB	6-0	FR	HS	Walnut Creek/Northgate HS
11	Gina Trapletti	OH	5-8	SR	3 yrs.	Whittier/St. Paul's HS
12	Gayle Newman	MB	6-0	SO	1 CC	Phoenix, AZ/Scottsdale Comm. College
13	Jennifer Long	OH	5-11	SR	1 yr.	Visalia/College of the Sequoias
14	Jocie Finch	S	6-0	FR	HS	San Raphael/Terra Linda HS
15	Kris Mitchell	OH	5-10	JR	2 yrs.	Elk/Mendocino HS

Head Coach: John Martin **Assistant Coach:** Jack Henn

USD University of San Diego

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UNIVERSITY PROFILE

The University of San Diego is an independent, Catholic university located on a 170-acre mesa overlooking Mission Bay, San Diego Harbor, and the Pacific Ocean. The campus is named Alcala Park after the Spanish university town where St. Didacus (i.e., Diego) spent much of his time.

Complementing its splendid natural setting is the University's location just 10 minutes from downtown San Diego — conveniently close to the major business, cultural, residential, and recreational areas, as well as the rail, bus and air terminals.

Founded in 1949, USD is presently experiencing record attendance. Undergraduate enrollment stands at 3300, graduate students bring the overall campus enrollment to 5300.

The University includes a College of Arts and Sciences, and Schools of Business Administration, Education, Nursing, and Law. Each is characterized by high academic standards, small classes, and excellent student-faculty relations.

Though the majority of students come from the West Coast, every region of the United States is well-represented on campus. Students also attend USD from 24 foreign countries.

In women's intercollegiate sports, USD fields programs in basketball, cross-country, crew, softball, swimming, tennis and volleyball.

USD 1986 WOMEN'S VOLLEYBALL SCHEDULE

DATE		OPPONENT	TIME
F/S Sep.	5-6	USD TOURNAMENT NAU, Eastern Illinois, Idaho State	TBA
Tue. Sep.	9	SAN DIEGO STATE	7:30
Tue. Sep.	16	at UC Irvine	7:30
Wed. Sep.	24	EASTERN WASHINGTON	7:30
F/S Sep.	26-27	at NAU Tournament Eastern Washington, NAU, Weber State	TBA
Wed. Oct.	1	*USIU	7:30
Fri. Oct.	10	*NEVADA-RENO	7:30
Fri. Oct.	17	*at University of San Francisco	7:30
Sat. Oct.	18	*at Santa Clara University	7:30
Fri. Oct.	24	*PEPPERDINE UNIVERSITY	7:30
Sat. Oct.	25	*LOYOLA-MARYMOUNT UNIVERSITY	7:30
Sat. Nov.	1	*at Nevada-Reno	7:30
Tue. Nov.	4	*at United States International Univ.	7:30
Fri. Nov.	14	*SANTA CLARA UNIVERSITY	7:30
Sat. Nov.	15	*UNIVERISTY OF SAN FRANCISCO	7:30
Fri. Nov.	21	*at Loyola-Marymount University	7:30
Sat. Nov.	22	*at Pepperdine University	7:30

*Denotes West Coast Athletic Conference Match

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UNIVERSITY FACTS:

LOCATION:	Alcala Park, San Diego, CA 92110
ENROLLMENT:	5,300
FOUNDED:	1949
AFFILIATION:	NCAA Division I
CONFERENCE:	West Coast Athletic Conference
PRESIDENT:	Dr. Author E. Hughes
ATHLETIC DIRECTOR:	Rev. Patrick Cahill, C.S.V.
SPORTS INFORMATION DIRECTOR:	Ted Gosen
ASST. SPORTS INFORMATION DIRECTOR:	Dic Doumanian
HEAD COACH:	John Martin
ASSISTANT COACH:	Jack Henn
LAST YEAR'S RECORD:	2-25
CAREER RECORD:	115-135
STADIUM:	USD Sports Center (2,500)
COLORS:	Columbia Blue, Navy and White
TRAINER:	Carolyn Ryback Greer, M.A., A.T.C.

SCHOLARSHIP INFORMATION:

The University of San Diego women's volleyball program distributes scholarships based on athletic ability, and are given at the discretion of head coach John Martin.

POLICY OF NON-DISCRIMINATION:

The University of San Diego does not discriminate on the basis of sex, race, color, religious belief, age, national origin, ancestry, or handicap in admission to the University, in financial aid programs, in educational programs and policies, and in athletic and other University-administered programs. Inquiries concerning the application of the University's non-discrimination policies may be addressed to USD's Director of Academic Services.

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Fall 1986

University of San Diego Volleyball Media Guide 1986

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